

Amplifying VOICES & EMBRACING SOLUTIONS



Dates: October 23-26, 2023
Location: Hyatt Regency Tulsa Downtown

AGENDA

Monday, October 23, 2023

| | | | |
|------------------------|----------------------|------------------------|------------------------------|
| 1:00pm - 5:00pm | Registration Open | 4:45pm - 6:15pm | Plenary Session |
| 3:00pm - 4:30pm | Welcoming Ceremonies | 6:15pm - 7:15pm | Welcome Reception/Networking |
| 4:30pm - 4:45pm | Break | | |

Tuesday, October 24, 2023

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|--------------------------|-----------------------|------------------------|--------------------------------------|
| 6:45am - 7:30am | Mindfulness/Yoga | 2:45pm - 3:00pm | Break |
| 7:30am - 8:15am | Continental Breakfast | 3:00pm - 4:30pm | Breakout Sessions |
| 8:30am - 10:00am | Plenary Session | 4:30pm - 4:45pm | Break |
| 10:00am - 10:15am | Break | 4:45pm - 6:15pm | Keynote Address/Power of One Award |
| 10:15am - 11:45am | Breakout Sessions | 6:15pm - 6:30pm | Break |
| 12:00pm - 1:00pm | Lunch | 6:30pm - 7:00pm | Charter Busses to Off-Site Reception |
| 1:00pm - 1:15pm | Break | 7:00pm - 9:00pm | Reception at The Gathering Place |
| 1:15 - 2:45pm | Plenary Session | | |

Wednesday, October 25, 2023

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|--------------------------|-----------------------|------------------------|------------------------------------|
| 6:45am - 7:30am | Mindfulness/Yoga | 1:15pm - 2:45pm | Breakout Sessions |
| 7:30am - 8:15am | Continental Breakfast | 2:45pm - 3:00pm | Break |
| 8:30am - 10:00am | Plenary Session | 3:00pm - 4:30pm | Breakout Sessions |
| 10:00am - 10:15am | Break | 4:30pm - 4:45pm | Break |
| 10:15am - 11:45am | Breakout Sessions | 4:45pm - 6:00pm | Plenary Session |
| 12:00pm - 1:00pm | Lunch | 6:15pm - 7:30pm | Sound Bath Session |
| 12:30pm - 1:00pm | Sound Bath Session | 8:00pm - 9:30pm | Documentary Screening & Discussion |
| 1:00pm - 1:15pm | Break | | |

Thursday, October 26, 2023

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|-------------------------|------------------------|--------------------------|--------------------------------------|
| 6:45am - 7:30am | Mindfulness/Yoga | 10:00am - 10:15am | Break |
| 7:30am - 8:15am | Tulsa Breakfast Buffet | 10:15am - 11:45am | Plenary Session & Closing Ceremonies |
| 8:30am - 10:00am | Breakout Sessions | 12:00pm - 1:00pm | Lunch |